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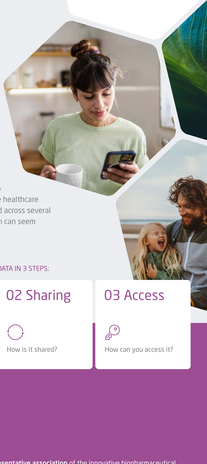
ASSOCIATION GÉNÉRALE DE L'INDUSTRIE DU MÉDICAMENT
ALGEMENE VERENIGING VAN DE GENEESMIDDELENINDUSTRIE



MY HEALTH DATA: WHERE CAN I FIND IT AND HOW CAN I ACCESS IT?

Your health data is essential not only for your care, but also for improving research and the healthcare system. In Belgium, it is spread across several interconnected systems, which can seem complicated.

UNDERSTANDING YOUR HEALTH DATA IN 3 STEPS:

01 Storage

Where is your health data stored?

02 Sharing

How is it shared?

03 Access

How can you access it?

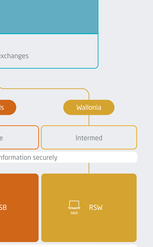
THE ROLE OF PHARMA.BE

Mission

As a **knowledge centre and representative association** of the innovative biopharmaceutical industry, pharma.be acts as **a trusted partner** contributing to the **sustainable health of citizens, patients and the Belgian economy** through **knowledge sharing, collaboration and dialogue.**

In this project, its aim is to:

- make information **clearer and more accessible**
- facilitate **dialogue between patients, professionals and institutions**
- provide a **simple and reliable overview** of the health data landscape



WHERE IS YOUR DATA STORED AND HOW DOES IT WORK?

In Belgium, there is no single, centralised database. Instead, your health data are spread across various interconnected systems. Here is a simplified overview of how they work. **Health data platforms are integrated within a single "eHealth" system and can be accessed by the public via "MyHealth".**

HOSPITALS AND PATIENT PORTALS SUCH AS:

Vlaams Ziekenhuisnetwerk (VZN): secure exchange of hospital documents amongst the 39 hospitals affiliated to the network in Flanders.

MyNexuzhealth: a patient portal (web and app) enabling patients to view their medical records in hospitals equipped with this system.

THESE MAIN WEB PORTALS AND MOBILE APPS ALLOW YOU TO VIEW YOUR HEALTH DATA:

- CoZo — Collaborative Care Platform
- VZN — Flemish Hospital Network
- Mynexuzhealth — Personal, digital health record of hospital records.
- RSB — Brussels Health Network
- RSW — Walloon Health Network
- Nexuzhealth

HEALTH DATA AVAILABLE VIA THE PORTAL

	NATIONAL		FLANDERS			BRUSSELS	WALLONIA
Types of data	MyHealth - **Web**	MyHealth - **App**	MyHealthViewer - Web	MyNexuzhealth - Web & App	CoZo - Web & App	RSB - Web	RSW - Web
Medical reports	✓	✓	✓	✓	✓	✓	✓
Laboratory results	✓	✓	Partial	✓	✓	✓	✓
Medical imaging	External website link	✗	Partial	✓	✓	✓	✓
SumEHR - Summary of medical records (general practitioner)	External website link	✓	✓	✗	✓	✓	✓
Vaccination	External website link	✓	✓	✓	✓	✓	✓
Medicines: prescribed, dispensed, medication regimens*	External website link	✓	Partial	✓	✓	✓	✓
Journal Entries: note & import new documents	✗	✓	✗	✗	✗	✗	✗
My Documents: import new documents	✗	✗	✗	✓	✗	✓	✓
Screening tests	External website link	✓	✓	✗	✓	Partial	Partial
Implants - AFMPS central traceability register	External website link	✗	✓	✗	✗	✗	✗
Disability - Access to the MyHandicap app	External website link	✗	✓	✗	✗	✗	✗
Organ donation - Consent or objection	External website link	✗	✓	✗	✗	✗	✗
BeRAI - BeRAI Healthcare Assessment Platform**	External website link	✗	✓	✗	✗	✗	✗
Healthcare providers - Managing therapeutic relationships	✓	✓	✓	✓	✓	✓	✓
My consent	✓	✓	✗	✓	Partial	✗	✗

*Direct link to an external links website (the platform behind the medicines data)
**Comprehensive assessment of care needs for vulnerable people at those requiring complex care.

A PRACTICAL GUIDE TO ACCESSING HEALTH DATA

A practical guide has been developed around everyday situations (such as vaccinations, medications, and test results) to help you **quickly find the information you need and navigate to the appropriate health data portal.**

Access the practical guide

RESOURCES FOR FURTHER EXPLORATION AND UNDERSTANDING

A selection of reliable sources is also available to help you explore the topics covered in greater depth. Here you will find websites, leaflets, videos and podcasts from trusted Belgian and European organisations. The content is categorised by target audience, language and level of knowledge.

Access the resources

pharma.be

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